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Top 5 Ways to Deal with a Difficult Boss

1. Evaluate your performance

You might want to evaluate your performance and ask yourself if everything you are doing is truly correct before you attack your boss. Find out if there is justification to the criticisms of your supervisor by gathering opinions about your performance from other coworkers.

2. Communicate rather than confront

Confrontation encourages conflict. Ask your boss for his or her advice on how your work can be improved. If your work is criticized, ask for specific feedback as to how it could be improved.

3. Never react with emotion

Reacting emotionally when verbally attacked with harsh criticism makes you more vulnerable for additional attacks. The solution would be not to react but to acknowledge and move on. Before reacting, try taking a deep breath and counting to ten. By remaining calm you avoid any counter attacks.

4. Maintain your professional demeanor

Your boss doesn't have to be your friend nor do you have to like your boss as a person. However, you should always maintain a professional demeanor and perform your duties and responsibilities as expected.

5. Managing a difficult boss

If others are experiencing the same difficulties with your boss that you do, it's more difficult for your boss to single you out. Your first step should always be to try to professionally communicate any concerns directly to your boss. Often times the issue can be resolved by simply addressing the issue. The last resort would be to escalate your concerns to a higher level of management.



Life is too Short for the wrong job.

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